



IFMA MUAY TALAY RULES & REGULATIONS

Athlete Eligibility

The Muay Talay Championships are open to all athletes that satisfy the following eligibility criteria. Entries are accepted from any national federation affiliated to IFMA. In countries where there does not yet exist a member National Federation, IFMA reserves the right to accept entries on a basis of special invitation.

Athlete eligibility: All competitors must satisfy the following conditions to be considered an “eligible athlete”:

Minimum and Maximum Age Limits for Muay Talay

- A contestant in the Junior 16-17 Male or Female Division must be at least 16 years old, but not more than 17 years old at the first day of the event.
- A contestant in the Junior 14-15 Male or Female Division must be at least 14 years old, but not more than 15 years old at the first day of the event.
- A contestant in the Junior 12-13 Male or Female Division must be at least 12 years old, but not more than 13 years old at the first day of the event.
- A contestant in the Junior 10-11 Male or Female Division must be at least 10 years old, but not more than 11 years old at the first day of the event.

*For any clarification on this rule, please see: <http://www.ifmamuythai.org/technical-reference/muaythai-rules/25-minimum-maximum-age-limit/>

Other requirements

- A contestant must be of the same nationality as the National Federation, which has entered them. Proof of identity will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered, along with a Boxer Book upon registration/weigh in. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned desire, they can ask IFMA to reduce or even to suppress this delay in conformity with the IFMA Rules and Regulations.
- The IFMA Executive Board reserves the right to allow participants to represent the country of which they are a permanent residence instead of their passport nationality, given that the boxer has never represented the country of origin on their passport.

Participating Teams

- National teams of all IFMA Members (*with membership fees paid up to 2019) are invited to participate at the championships.
- Each country is allowed to send only one national team to participate in the championships.

Medical Check-up and Weigh-in

All contestants competing in the Muay Talay must have a Medical Check-up and Official Weigh-in in the morning of their competition. Boxers Record Book (Membership Books) must be presented at every Medical Check-up.

Drawing of Names

Each category shall be drawn on the day of the competition.



IFMA MUAY TALAY RULES & REGULATIONS

Appearance of Contestant

A contestant participating in the Muay Talay tournament must wear the official IFMA uniform shorts and sleeveless shirt in red or blue, according to his/her corner. The uniform must be purchased from IFMA at the Team Manager meeting. The contestant must wear the standard body guard, head-guard, gloves, shin guard and elbow guard as provided by the Organizing Committee. No others may be substituted. Contestants are required to wear their own groin-guard (male & female), breast protection (female only) & gum-shields. Toenails must be short.

Hand Wraps

Contestants participating in the Youth World Championships must use the wraps provided by the Organizing Committee which will be included in the uniform set.

Ring & Platform

The ring shall be a buoyant platform on the pool surface and shall measure 4.00 M x 4.00 M.



Timing of Rounds & Additional Rules of Combat

Junior 16-17 & 14-15 Divisions

Bouts will be contested over 3 rounds of 2 minute each. A full 1 minute of rest shall be given between the rounds.

Junior 12-13 Divisions

Bouts will be contested over 3 rounds of 1 minute and 30 seconds each. A full 1 minute of rest shall be given between the rounds. Only punches and kicks to the head are permitted. Knees and elbows to the head are strictly prohibited. Knee and elbow strikes are permitted to the body only.

Junior 10-11 Divisions

Bouts will be contested over 3 rounds of 1 minute each. A full 1 minute of rest shall be given between the rounds. Strikes to the head are strictly prohibited.



IFMA MUAY TALAY RULES & REGULATIONS

Divisions of the Competition

Junior 16-17 Divisions:

KG	16-17 M	16-17 F
42	✓	✓
45	✓	✓
54	✓	✓
57	✓	✓
71	✓	✓
91	✓	
+91	✓	

Junior 14-15 Divisions:

KG	14-15 M	14-15 F
38	✓	✓
45	✓	✓
48	✓	✓
54	✓	✓
63.5	✓	✓
71	✓	✓
81	✓	
+81	✓	

Junior 12-13 Divisions:

KG	12-13 M	12-13 F
32	✓	✓
38	✓	✓
44	✓	✓
50	✓	✓
56	✓	✓
63.5	✓	✓
+63.5	✓	

Junior 10-11 Divisions:

KG	10-11 M	10-11 F
30	✓	✓
36	✓	✓
38	✓	✓
42	✓	✓
48	✓	✓
54	✓	✓



IFMA MUAY TALAY RULES & REGULATIONS

60	✓	✓
+60	✓	

Competition Conduct

The athletes must shake hands before and at the end of the match in accordance with Muay Talay rules as an indication of sporting and friendly competition.

Permitted times: Athletes must shake hands before the first round and after the results have been announced. Other handshakes are prohibited.

All athletes and officials must behave accordingly to the IFMA code of ethics (See - <http://www.ifmamuythai.org/technical-reference/ifma-code-of-ethics/>) - as a good sportsman and follow the rules and regulations as laid out. Contestants and officials will be penalised for any violations.

Poolside Doctor & Life-Guard

There shall always be a doctor and at least one life-guard poolside.

Scoring, Warnings & Fouls

1. Scoring strikes should be a strong, clear, foul-free, unobstructed, non-blocking; Points are earned for punch, kick, knee and elbow strikes. In Muay Talay, the target is all over the body except the groin.
2. Point System: 40 points are awarded for each round. At the end of each round, the athlete who is better is given 20 points proportionally less than 19 points. If one of the athletes falls from the platform, the match ends and the athlete falling into the water is deemed defeated. (The winner of the round is indicated by 20)
3. At the end of a competition, when an judge sees that the athletes have scored equal points after scoring each round with scoring steps, in accordance with the instructions, the judge shall make the decision for the more aggressive, dominant or better Muay Talay style athlete. If they are equal in this respect: The judge declares the winner and the loser by determining the better executed defense (block, old, sideways escaping, etc.)
4. The athlete who does not follow the instructions of the referee, acts contrary to the rules of the competition, does not fight the athlete or fouls can be warned, punished or disqualified without warning. The referee may also notify the athlete at an appropriate opportunity without stopping the competition. If he decides to punish the athlete, he must stop the match and show the violation. The referee then shows the athlete who received the penalty to the 3 umpires. Penalty for a specific foul. The referee cannot issue a warning for the same type of foul. Three warnings for the same type of foul are mandatory to impose a penalty. In a competition, the same athlete may be fined only three times. The athlete who has received the third penalty is immediately disqualified.

Awards and Prizes

In each division, the winner of the Final bout will be the Champion and awarded with the Gold medal. The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists.